

KYU VIZSGA KÖVETELMÉNYEK

Verzió: 1.1

Kiadva: 2011.11.15.



6.	<p><i>TACHIWAZA</i> Aihanmi katate dori iriminage Aihanmi katate dori kotegaeshi Aihanmi katate dori ikkyo Aihanmi katate dori shihonage Aihanmi katate dori uchikaitennage Aihanmi katate dori sankyo Shomenuchi iriminage</p>	
5.	<p><i>TACHIWAZA</i> Katate dori ikkyo Katate dori shihonage Katate dori tenchinage Katate dori udekimenage Katate dori kokyunage Shomenuchi ikkyo Shomenuchi nikyo Shomenuchi kotegaeshi Chudantsuki iriminage Chudantsuki kotegaeshi</p> <p><i>SUWARIWAZA</i> Kata dori ikkyo Shomenuchi ikkyo Ryote dori kokyuhoh*</p>	<p><i>JO</i> Suburi (1-10)**</p> <p><i>BOKKEN</i> Shomen uchi Nihogiri Shihogiri</p>



<p>4.</p>	<p><i>TACHIWAZA</i> Katate dori nikyo Katateryote dori kotegaeshi Kata dori nikyo* Ryote dori ikkyo Ryote dori shihonage Ryote dori tenchinage Ryote dori udekimenage Shomenuchi sankyo Shomenuchi uchikaiten sankyo Yokomenuchi iriminage Yokomenuchi shihonage Yokomenuchi tenchinage Yokomenuchi kotegaeshi Yokomenuchi udekimenage Chudantsuki udekimenage Chudantsuki hijikimeosae Jodantsuki ikkyo</p> <p><i>SUWARIWAZA</i> Kata dori nikyo Ryote dori kokyuhō Shomenuchi nikyo</p>	<p><i>JO</i> Suburi (1-13)** 13 jo kata</p> <p><i>BOKKEN</i> Happogiri Suburi (1-4)***</p>
-----------	---	--



<p>3.</p>	<p><i>TACHIWAZA</i> Katate dori sankyo Katate dori uchikaitennage Katate dori yonkyo Katateryote dori ikkyo Katateryote dori nikyo Ryote dori iriminage Ryote dori kotegaeshi Ryote dori kokyunage Shomenuchi yonkyo Shomenuchi gokyo Chudantsuki sotokaitennage Chudantsuki uchikaiten sankyo Yokomenuchi ikkyo Yokomenuchi uchikaiten sankyo Jodantsuki shihonage Jodantsuki kotegaeshi</p> <p><i>USHIROWAZA</i> Ryote dori ikkyo Ryote dori shihonage Ryote dori iriminage Ryote dori kotegaeshi Ryote dori hijikimeosae</p> <p><i>SUWARIWAZA</i> Kata dori sankyo Shomenuchi iriminage Shomenuchi kotegaeshi Shomenuchi sankyo Shomen uchi yonkyo*</p>	<p><i>JO</i> Suburi (1-20)** 31 jo kata</p> <p><i>BOKKEN</i> Suburi (1-7)*** Kesagiri Gaeshi</p>
-----------	--	--



<p>2.</p>	<p><i>TACHIWAZA</i> Katate dori iriminage* Katate dori kotegaeshi* Katatedori sotokaitennage* Mune dori ikkyo Mune dori shihonage Mune dori uchikaiten sankyo Kata dori ikkyo* Kata dori sankyo* Kata dori yonkyo* Kata dori menuchi ikkyo Kata dori menuchi iriminage Kata dori menuchi shihonage Kata dori menuchi kotegaeshi Kata dori menuchi koshinage Yokomenuchi nikyo Yokomenuchi sankyo Yokomenuchi yonkyo Yokomenuchi gokyo Yokomenuchi koshinage Jodantsuki nikyo Jodantsuki sankyo Maegeri iriminage</p> <p><i>USHIROWAZA</i> Katate dori kubishime ikkyo Eridori ikkyo Ryokata dori ikkyo Ryokata dori nikyo Ryokata dori sankyo Ryokata dori iriminage Ryokata dori kotegaeshi Ryohiji dori iriminage Ryohiji dori kotegaeshi</p> <p><i>SUWARIWAZA</i> Kata dori yonkyo* Ryokata dori ikkyo Shomenuchi yonkyo Shomenuchi sotokaitennage Chudantsuki kotegaeshi Jodantsuki ikkyo</p> <p><i>HANMI-HANDACHI WAZA</i> Katate dori shihonage*</p> <p><i>JYUWAZA</i> Katate dori</p>	<p><i>JO</i> 31 kumijo (1-12)</p> <p><i>BOKKEN</i> Kumitachi (3)</p> <p><i>TANTO DORI</i> Chudantsuki jiyuwaza (3)</p>
-----------	--	--



<p>1.</p>	<p><i>TACHIWAZA</i> Katate dori sotokaitennage* Mune dori menuchi ikkyo Mune dori menuchi nikyo Mune dori menuchi sankyo Mune dori menuchi koshinage Shomen uchi uchikaitennage* Shomen uchi sotokaitennage* Chudantsuki uchikaitennage* Jodantsuki iriminage Jodantsuki shihonage Jodantsuki yonkyo Jodantsuki sotokaitennage Jodantsuki koshinage Jodantsuki ushirokiriotoshi</p> <p><i>USHIROWAZA</i> Katate dori kubishime nikyo Katate dori kubishime sankyo Ryote dori nikyo* Ryote dori sankyo* Ryote dori yonkyo Ryote dori kokyunage Ryote dori koshinage Eridori nikyo Eridori sankyo Eridori iriminage</p> <p><i>SUWARIWAZA</i> Ryokata dori sankyo Ryokata dori yonkyo Kata dori menuchi iriminage Kata dori menuchi kotegaeshi Kata dori menuchi kokyunage</p> <p><i>HANMI-HANDACHI WAZA</i> Katate dori ikkyo Katate dori shihonage Katate dori uchikaitennage Ryote dori shihonage</p> <p><i>JIYUWAZA</i> Ryote dori* Morote dori*</p>	<p><i>JO</i> 31 kumijo Jodori (5)</p> <p><i>BOKKEN</i> Kumitachi (5) Tachidori (3)</p> <p><i>TANTO DORI (5)</i> Chudantsku jiyuwaza Shomenuchi jiyuwaza</p>
-----------	---	---



*Aikikai kiegészítés

**Jo suburi:

Tsuki

1. Choku tsuki
2. Kaeshi tsuki
3. Ushiro tsuki
4. Tsuki gedan gaeshi
5. Tsuki jodan gaeshi uchi

Uchikomi

6. Shomen uchikomi
7. Renzoku uchikomi
8. Menuchi gedan gaeshi
9. Menuchi ushiro tsuki
10. Gyaku yokomen ushiro tsuki

Katate

11. Katate gedan gaeshi
12. Katate toma uchi
13. Katate hachi no ji gaeshi

Hasso

14. Hasso gaeshi uchi
15. Hasso gaeshi tsuki
16. Hasso gaeshi ushiro tsuki
17. Hasso gaeshi ushiro uchi
18. Hasso gaeshi ushiro harai

Nagare

19. Hidari nagare gaeshi uchi
20. Migi nagare gaeshi tsuki

***Bokken suburi:

1. Shomen uchi
2. Shomen uchi komi
3. Waki kamae shomen uchi komi
4. Renzoku shomen uchi
5. Renzoku shomen uchi (kirikaeshi)
6. Shomen uchi tsuki (kirikaeshi)
7. Migi shomen uchi hidari tsuki (kirikaeshi)